Joint Workshop SEAI and SFI-SRC ITOBO University College Cork, 30 June 2011

Design intent to Reality: Post-Occupancy Evaluation, comfort and human factors

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Structure of the talk

- 1. Background: what POE tells us
- 2. Tuning up existing buildings
- 3. Improving new construction and refurbishment
- 4. Towards a new professionalism

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BACKGROUND what POE tells us

For most designers and builders, performance in use is another country ...

"in theory, theory and practice are the same, in practice they aren't" SANTA FE INSTITUTE for research into complex systems

"designers seldom get feedback, and only notice problems when asked to investigate a failure" ALASTAIR BLYTH CRISP Commission 00/02, UK

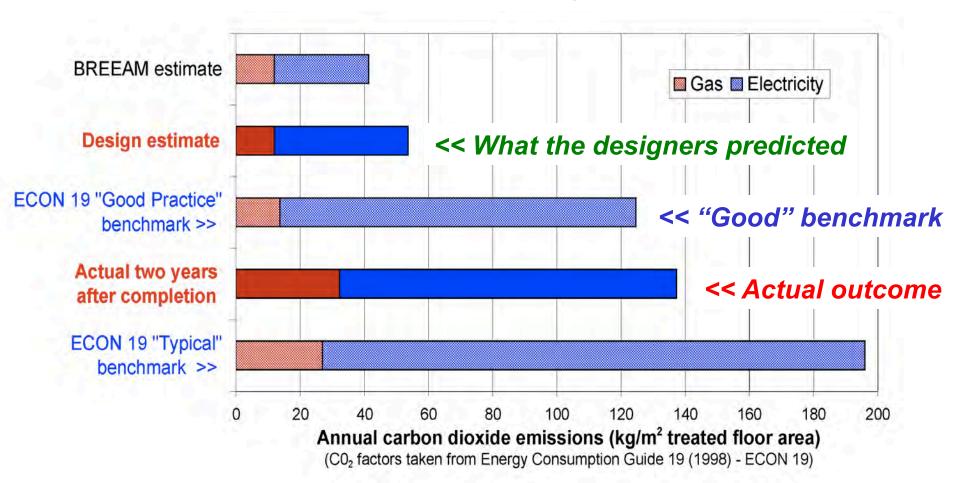
"unlike medicine, the professions in construction have not developed a tradition of practice-based user research ... Plentiful data about design performance are out there, in the field ... Our shame is that we don't make anything like enough use of it" FRANK DUFFY Building Research & Information, 2008

"I've seen many low-carbon designs, but hardly any low-carbon buildings" ANDY SHEPPARD Arup, 2009



The Design-Performance Gap: We couldn't deliver low-energy performance reliably in the 1990s. It is still difficult.

Data from the winner of a Green Building of the Year Award



We've been trying to close the feedback loop at www.usablebuildings.co.uk



... for feedback and strategy

... from the Usable Buildings Trust

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Usable Buildings is a free resource for practitioners, managers, building owners, developers, students and anyone else who wants to make buildings more suitable for the people who use them, less damaging to the natural environment and a better long-term investment. Usable Buildings is run by the Usable Buildings Trust.

The Usable Buildings Trust (UBT) is an independent charity, registered in the United Kingdom. UBT promotes better buildings through the more effective use of feedback on how they actually work. It spreads the results through its website, user groups, collaborative working and input to postgraduate courses. UBT is also a home for approaches which are not quite ready for widespread application and an incubator for their development. Aims Background

Donations: We welcome donations. Please use the Donations and Gift Aid form on the Sponsorship section of our Brochure. Thank you.

Who we are and what we do: <u>Trustees' Report summarises</u> activities and plans. <u>What Do We</u> Do?

Website: Our website is text-based and designed primarily to deliver pdf files. Website set-up. Latest posted: The Building Services Brief of the Future | 89 Culford Road | Surpassing Expectations | Human Factors: the bottom line | Soft Landings | The Great Escape |

Basics: POE and Feedback: Getting Started | Probe 9 | A Guide to Feedback and Post-Occupancy Evaluation |

Full Latest list Live (real-time) monitoring [Please send in more examples!]

Latest one liners: "Who are you going to believe? Me, or your own eyes?" Groucho Marx |
"If the choice is between cooking alive and wasting money unnecessarily I would rather
waste some money, because long before we cook we are going to kill each other if we
don't deal with climate change." George Soros | "The paradox of public transport is the
better it does its job the less 'efficient' it may be." Tony Judt | "I got rid of the Ferrari: it was
bad for my hamstrings." Ryan Giggs More

Hosting: We host the Feedback Portfolio: Techniques and the Probe archive.

Support: We support Soft Landings.

Searching: Most of the material available here is in pdf files, about two-thirds of which are password protected. If you wish to search within files that are not password protected use the Google search syntax: "filetype:pdf site:www.usablebuildings.co.uk search term". Example: for articles on health type in the Google search area: "filetype:pdf site:www.usablebuildings.co.uk health" Show example

Thursday, March 18

Established in the late 1990s, because the policy emphasis on construction and the related research was largely ignoring building performance in use. Registered UK charity from 2002.

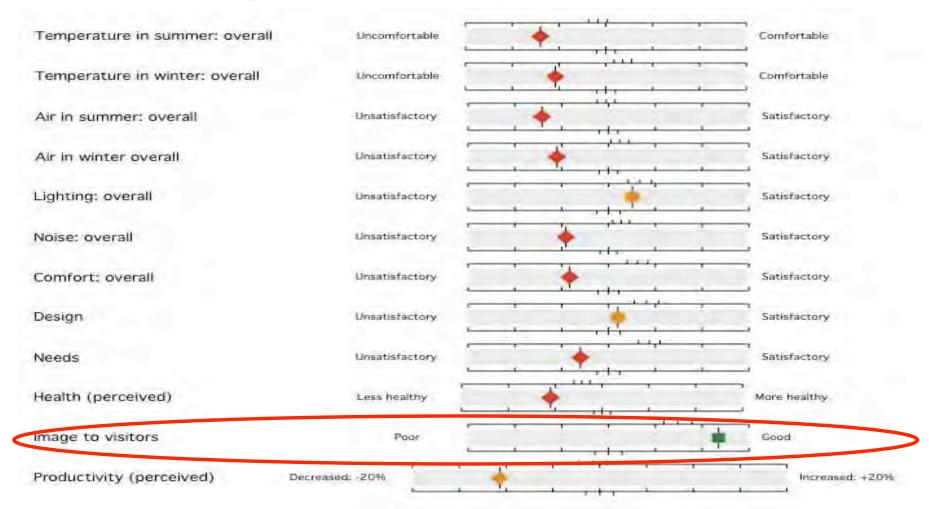
New non-domestic buildings: What do we tend to find?

- Too often they perform much less well than anticipated, especially for energy and carbon, often for occupants, with high running costs, and sometimes technical risks.
- Not enough attention to detail in design and construction.
- Unmanageable complication is the enemy of good performance. So why are we making buildings technically and bureaucratically complicated in the name of sustainability, when we can't get the simple things right?
- Buildings are seldom tuned-up properly. Controls are a mess. If we have more to do, what chance do we have?
- Good performance and occupant satisfaction can go hand in hand, but only where committed people have made it happen.
- Design intent is seldom communicated well to users. Designers and builders tend to go away at handover.
- Modern procurement systems make it difficult to pay attention to critical detail. A bad idea when promoting innovation.
- FM services often leave a lot to be desired.



KEEP IT SIMPLE, DO IT WELL, FOLLOW IT THROUGH, TUNE IT UP, CAPTURE THE FEEDBACK

There are gaps in occupant satisfaction too Occupant survey, award-winning educational building, 2009



What impresses the judges may not impress the users!

SOURCE: Unpublished occupant survey of an award-winning school 2009. Courtesy of Building Use Studies Ltd.

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TUNING-UP EXISTING BUILDINGS

with monitoring, feedback and continuous commissioning



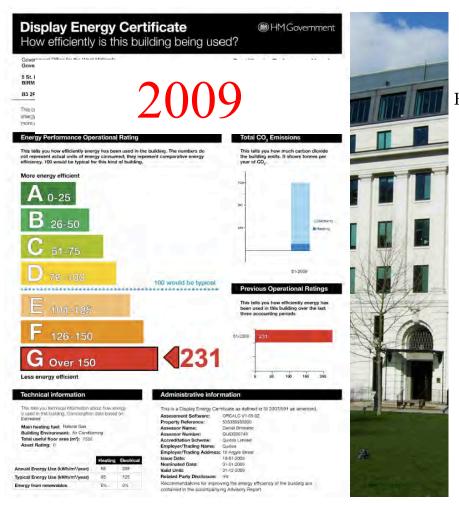


FLYING BLIND

Everything you wanted to know about energy in commercial buildings but were afraid to ask



October 2001

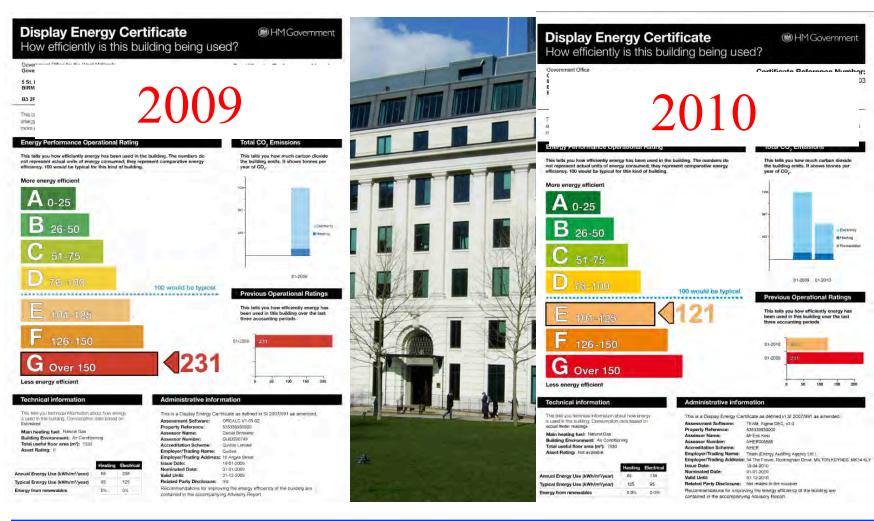


FLYING BLIND

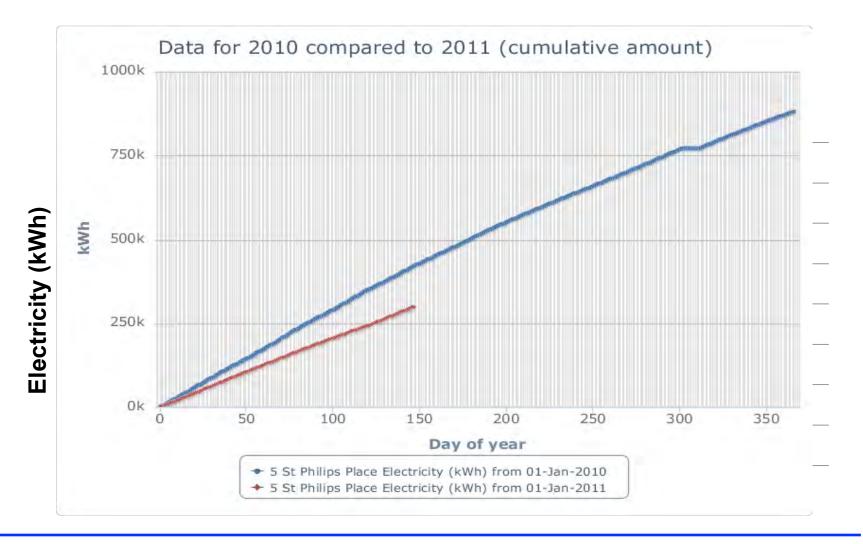
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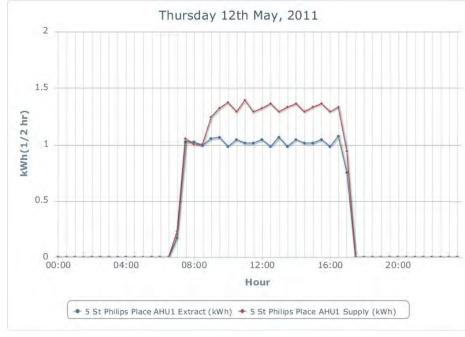


Further savings in 2011 with sub-metering and support on Continuous Commissioning by ABS



Metering points to re-commissioning: energy use by air handling unit fans

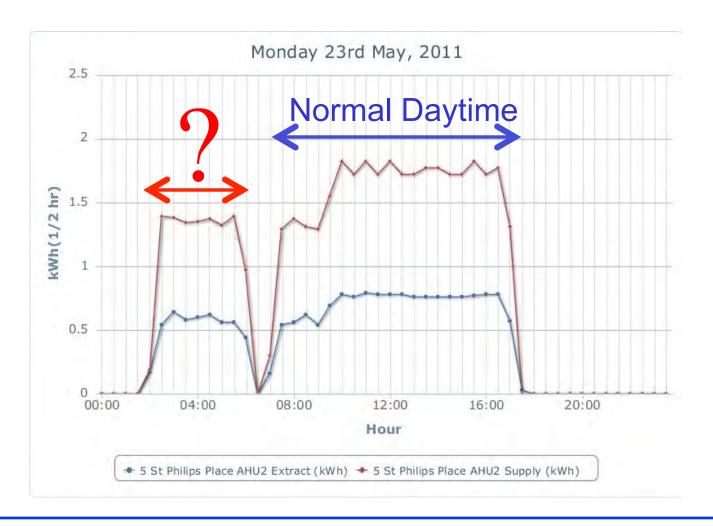




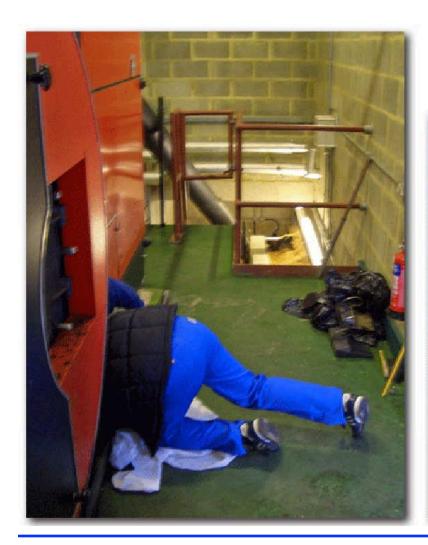
AHU 1 **BEFORE**Extract fan set incorrectly
(max 2.5 kWh/ half hour)

AHU 1 **AFTER**Extract fan setting corrected
(max 1 kWh/ half hour)

Metering exposes abnormal activity: air handling unit operation at night

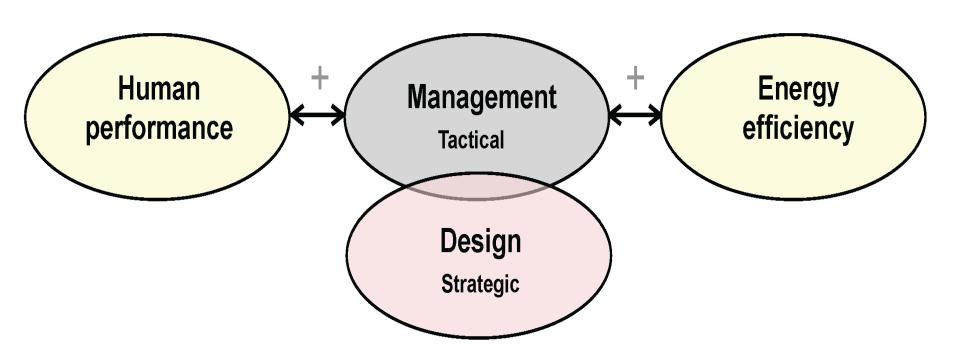


Don't procure what the occupier can't afford to manage

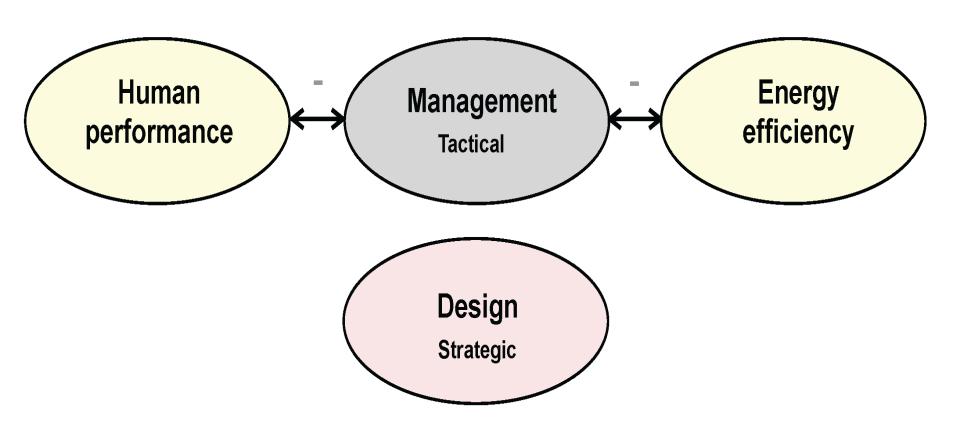




Design for manageability ... where good things happen



Design for manageability ... and where they don't



IMPROVING NEW CONSTRUCTION AND REFURBISHMENT

You can't tell if you have a good building ... unless you find out how it is working

Elizabeth Fry building has the last laugh

The story of the Elizabeth Fry building (AJ 23.4.98) contains a number of ironies. My favourite is that it didn't even make the shortlist of the Green Building of the Year Award in 1996. DR ROBERT LOWE Leeds Metropolitan University

When natural ventilation was all the rage, a novel form of mechanical ventilation was quietly slipping into Britain: the Swedish Termodeck system. One of the first buildings to use Termodeck and other Swedish detailing was an academic facility at the University of East Anglia. How has it fared?







14: Elizabeth Fry Building

LETTER TO ARCHITECTS' JOURNAL

The good performers don't necessarily impress the judges



Gentle engineering Not over-engineering

"Evening out fluctuations has become an egalitarian enterprise which it is heresy to question." MICHAEL YOUNG, The Metronomic Society (1988).

"There is something inelegant in the mass of energy-consuming machinery needed at present to maintain constant RH ... something inappropriate in an expense which is beyond most of the world's museums."

GARRY THOMSON, The Museum Environment (1978).

"What we've got used to, we're not entitled to" ... R BUNN (2008)

Controls, manageability and usability need to receive much more attention





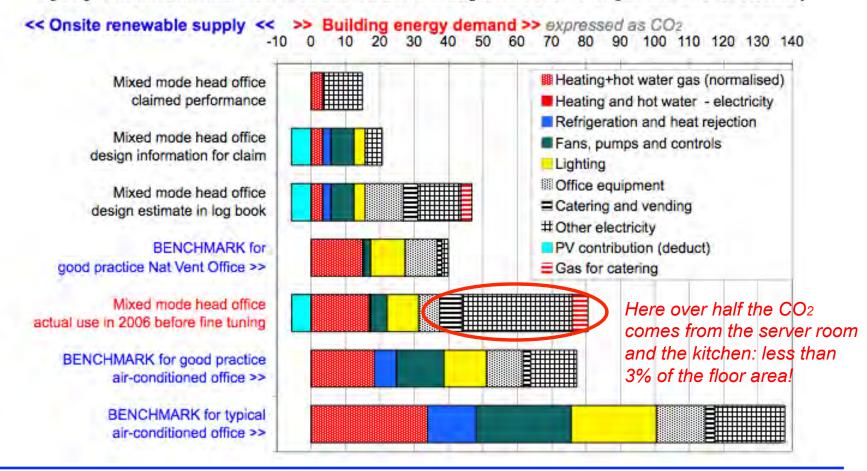
"An intelligent building is one that doesn't make its occupants feel stupid"... ADRIAN LEAMAN

"We sell dreams and install nightmares"... BMS SUPPLIER

Watch out for the "unregulated" loads: Designers can influence them by better client dialogue

Annual CO2 emissions of energy use in a low-energy office building

kgCO2/m2 Treated Internal Floor Area at UK ECON 19 CO2 factors of 0.19 for gas and 0.46 for electricity



Don't add "green bling" unless you've got the fundamentals right



It's the process, not just the product Factors for success at the Elizabeth Fry Building, UEA

- A good client.
- · A good brief.

But only its technical features were mentioned when a Royal Commission used it an exemplar

- A good team (worked together before on the site).
- Specialist support (e.g. on insulation and airtightness).
- A good, robust design, efficiently serviced (mostly).
- Enough time and money (but to a normal budget).
- An appropriate specification (and not too clever).
- An interested contractor (with a traditional contract).
- Well-built (attention to detail, but still room for improvement).
- Well controlled (but only eventually, after monitoring and refit).
- Post-handover support (triggered by independent monitoring).
- Management vigilance (easier now, but must be sustained).

TOWARDS A NEW PROFESSIONALISM with help from Soft Landings

Changing the way we do things: *A new professionalism?*

- Construction-related institutions require their members to understand and practice sustainable development.
- How can members do this unless they understand the consequences of their actions?

SO WE NEED TO:

- Re-define perceptions of the building professional's role, to engage properly with outcomes.
- Get to places that markets cannot reach.
- Close the feedback loop rapidly.
- Make much more immediate and effective links between research, practice and policymaking.
- Make follow-through, feedback and POE routine.

Soft Landings: Helping to enable the new professionalism

- 1. Inception and Briefing
 Appropriate processes, better relationships.
 Assigned responsibilities, including client.
 Well-informed targets related to outcomes.
- 2. Design and construction Including expectations management.
- 3. Preparation for handover Better operational readiness.
- 4. Initial aftercare
 Information, troubleshooting, liaison, fine tuning, training.
- **5.** Longer-term aftercare monitoring, review, independent POE, feedback and feedforward.

Runs alongside any construction process

Downloadable free

from www.usablebuildings.co.uk and www.softlandings.org.uk

BSRIA is hosting a UK industry group Launched in Australia and NZ in Nov 2010

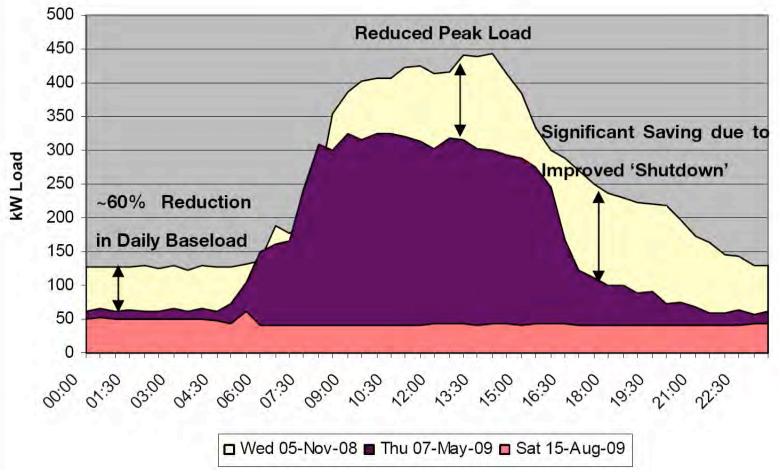


the SOFT LANDINGS FRAMEWORK

for better briefing, design, handover and building performance in-use



Follow-through can pay for itself Intervention in a recently-completed school



Saving over £ 40,000 p.a. in electricity bills: avoid default to ON ... and occupant satisfaction improves too!

Soft Landings: Everybody can win

- Better communication, proper expectations management, fewer nasty surprises.
- More effective building readiness. Less rework.
- Natural route for feedback and Post-occupancy evaluation, to improve the product, occupant satisfaction, and performance in use.
- Teams can develop reputations for customer service and performance delivery, building relationships, retaining customers, commercial advantage.
- Vital if we are to progress towards more sustainable, low-energy, low-carbon, well-liked buildings and refurbishments, closing the credibility gaps.

SO WHAT IS STOPPING US?

- ATTITUDES: Everybody needs to be committed, starting with the client perhaps the biggest obstacle. The "golden thread" needs to be put in place.
- PROCESSES: There is a learning curve to pay for (probably best from marketing budgets), and the feedback has to be managed.
- TECHNIQUES: Independent POE surveys cost money (but not much).
- CAPACITY: We need facilitators, investigators, troubleshooters and fixers.
- MONEY: Particularly allocation for tune-up etc. after practical completion.
- IMAGINATION: Often constrained by burgeoning bureaucracy!

Learn from it all

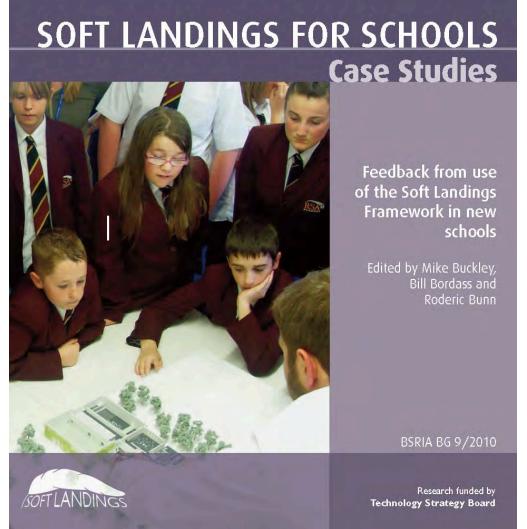
New professionals follow design intent through into reality

They understand what is needed strategic briefing Are clear what they want, and communicate it plainly strategic design Are ambitious, but realistic question all assumptions, understand users Follow things right through e.g. using **Soft Landings** procedures Review what they do manage expectations, undertake reality checks Make others aware of what they are after specify: what, why and how Check that things will work technical feasibility, usability and manageability Get things done well, with attention to detail communicate, train, inspect Finish them off commission, operational readiness, handover, dialogue Help the users to understand and take ownership *provide aftercare support* Review performance in use including post-occupancy evaluation Work with occupiers to make things better monitoring, review and fine tuning Anticipate and spot unintended consequences revenge effects

TRY TO MAKE THINGS SIMPLER AND DO THEM BETTER ... only making them complicated where this is essential.

and share their experiences

And what can you do - tomorrow?



Take one zero off your budget and creativity begins.

Take two zeros off and you have sustainability ...

JAIME LERNER, former Mayor of Curitiba, Brazil

www.usablebuildings.co.uk